

## ADDITIONAL RESOURCES

---

The resources included in this list were identified as the CDC's Healthy Communities Program developed the *CHANGE* tool and have been used by other communities in their assessment and evaluation activities. CDC does not endorse one resource over another. This is not an exhaustive list; if you have other resources that may assist in your work please use them instead of, or in addition to, the ones listed here.

### Tools and Assessments

---

1. BRAT-Direct Observation (BRAT-DO). (Louisiana State University School of Public Health). Available at:  
<http://www.activelivingresearch.org/node/10650>
2. Coalition for Community Schools–Tool Kit. Available at  
<http://www.communityschools.org/index.php?option=content&task=view&id=29&Itemid=51#Needs>
3. Communities of Excellence in Tobacco Control, Module 2: Conducting a Communities of Excellence Needs Assessment. (California Department of Health Services/Tobacco Control Section). Available at:  
[www.dhs.ca.gov/tobacco/documents/pubs/CX2006-Module2.pdf](http://www.dhs.ca.gov/tobacco/documents/pubs/CX2006-Module2.pdf)
4. Community Assessment Tool. (National Center for Bicycling & Walking). Available at:  
[www.activelivingresources.org/assets/community\\_assessment\\_tool.pdf](http://www.activelivingresources.org/assets/community_assessment_tool.pdf)
5. Community Food Security Assessment Toolkit (USDA/Economic Research Service). Available at:  
<http://www.ers.usda.gov/publications/efan02013/efan02013.pdf>
6. Designing Healthy Environments at Work (DHEW). (Michigan Health Tools). Available at:  
<http://www.mihealthtools.org/work/>
7. Environmental Nutrition & Activity Community Tool (ENACT) (Prevention Institute). Available at:  
[www.preventioninstitute.org/sa/enact.html](http://www.preventioninstitute.org/sa/enact.html)
8. Core Measures of Trail Use. (University of Southern California; IUPUI; Harvard School of Public Health). Available at:  
<http://www.activelivingresearch.org/node/10653>
9. Environmental Assessment of Public Recreation Spaces (EAPRS) Tool. (Cincinnati Children's Hospital Medical Center). Available at:  
<http://www.activelivingresearch.org/node/10651>
10. Healthy Community Checklist. (Michigan Health Tools). Available at:  
<http://www.mihealthtools.org/checklist/>

11. Healthy School Action Tool (HSAT). (Michigan Health Tools). Available at:  
<http://mihealthtools.org/hsat/>
12. Healthy People 2010 Toolkit, a Field Guide to Health Planning. Available at:  
<http://www.healthypeople.gov/state/toolkit/default.htm>
13. Measurement Instrument for Urban Design Quantities Related to Walkability. (University of Maryland). Available at:  
<http://www.activelivingresearch.org/node/10635>
14. Nutrition Environment Assessment Tool (NEAT). (Michigan Health Tools). Available at:  
<http://www.mihealthtools.org/neat/>
15. Path Environment Audit Tool (PEAT). (Harvard School of Public Health; University of Connecticut). Available at:  
<http://www.activelivingresearch.org/node/10652>
16. Pedestrian Environment Data Scan (PEDS) Tool. (University of Maryland). Available at:  
<http://www.activelivingresearch.org/node/10641>
17. Physical Activity Resource Assessment (PARA) Instrument. (University of Houston). Available at:  
<http://www.activelivingresearch.org/node/10638>
18. Protocol for Assessing Community Excellence in Environmental Health (PACE EH). (NACCHO). Available at:  
<http://www.naccho.org/topics/environmental/CEHA/paceeh.cfm>
19. Saint Louis Environment and Physical Activity Instrument. (Saint Louis University School of Public Health). Available at:  
<http://www.activelivingresearch.org/node/10644>
20. School Health Index for Physical Activity and Healthy Eating: A Self-Assessment and Planning Guide. Elementary School version. (Centers for Disease Control and Prevention). Available at:  
<http://www.cdc.gov/HealthyYouth/SHI/pdf/Elementary.pdf>
21. School Health Index for Physical Activity and Healthy Eating: A Self-Assessment and Planning Guide. Middle School/High School version. (Centers for Disease Control and Prevention). Available at:  
<http://www.cdc.gov/HealthyYouth/SHI/pdf/MiddleHigh.pdf>
22. School Wellness Policy Checkup. (Food Research & Action Center). Available at:  
<http://www.frac.org/pdf/wellnesscheck.pdf>

23. SOPARC: System for Observing Play and Recreation in Communities. (San Diego State University; RAND Corporation). Available at:

<http://www.activelivingresearch.org/node/10654>

24. SOPLAY: System for Observing Play and Leisure Activity in Youth. (San Diego State University). Available at:

<http://www.activelivingresearch.org/node/10642>

25. Systematic Pedestrian and Cycling Environmental Scan (SPACES) Instrument. (The University of Western Australia). Available at:

<http://www.cpah.health.usyd.edu.au/research/spaces.php>

26. The Community Tool Box Workstation. Available at:

[http://ctb.ku.edu/en/tablecontents/sub\\_section\\_tools\\_1019.htm](http://ctb.ku.edu/en/tablecontents/sub_section_tools_1019.htm)

27. Walkability Audit Tool. (Healthier Worksite Initiative/CDC). Available at:

[http://www.cdc.gov/nccdphp/dnpao/hwil/downloads/walkability\\_audit\\_tool.pdf](http://www.cdc.gov/nccdphp/dnpao/hwil/downloads/walkability_audit_tool.pdf)

## Policy

---

1. A Guide to Measuring Advocacy and Policy. Available at:

<http://www.aecf.org/upload/PublicationFiles/DA3622H5000.pdf>

## Handbooks

---

1. Barnett E, Anderson T, Blosnich J, Menard J, Halaverson J, Casper M. Heart-Healthy and Stroke-Free: A Social Environment Handbook. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention; 2007. Available at:

[http://www.cdc.gov/dhdsp/library/seh\\_handbook/index.htm](http://www.cdc.gov/dhdsp/library/seh_handbook/index.htm)

## Checklists

---

1. A Quick Checklist for Parents. (National Program for Playground Safety, University of Northern Iowa). Available at:

<http://www.uni.edu/playground/safety/checklist.htm>

2. Active Neighborhood Checklist. (St. Louis University). Available at:

[http://prc.slu.edu/Documents/Procotol\\_Active\\_Neighborhood\\_Checklist.pdf](http://prc.slu.edu/Documents/Procotol_Active_Neighborhood_Checklist.pdf)

3. Analytic Audit Tool and Checklist Audit Tool. (Saint Louis University). Available at:

<http://www.activelivingresearch.org/node/10616>

4. Bikeability Checklist (National Highway Traffic Safety Administration/Pedestrian and Bicycle Information Center/U.S. Department of Transportation). Available at:

<http://www.nhtsa.dot.gov/people/injury/pedbimot/bike/Bikeability/checklist.htm>

5. Checklist of Health Promotion Environments at Worksites (CHEW). Available at:

[www.drjamesallis.sdsu.edu/chew82595.pdf](http://www.drjamesallis.sdsu.edu/chew82595.pdf)

6. Irvine Minnesota Inventory. (University of California, Irvine; University of Minnesota). Available at:

<https://webfiles.uci.edu/kday/public/index.html>

7. Sustainability Index. (Charlotte, NC, EPA). Available at:

[http://www.epa.gov/smartgrowth/scorecards/Charmeck\\_SUSTAINABILITY\\_INDEX\\_204.pdf](http://www.epa.gov/smartgrowth/scorecards/Charmeck_SUSTAINABILITY_INDEX_204.pdf)

8. Walkability Checklist. (National Highway Traffic Safety Administration/Pedestrian and Bicycle Information Center/U.S. Department of Transportation). Available at:

<http://drusilla.bsrc.unc.edu/cms/downloads/walkabilitychecklist.pdf>

## Evaluation

---

1. Evaluation Framework, CDC State Heart Disease and Stroke Prevention Program. (Centers for Disease Control and Prevention). Available at:

[http://www.cdc.gov/DHDSP/library/evaluation\\_framework/index.htm](http://www.cdc.gov/DHDSP/library/evaluation_framework/index.htm)

2. It's Time for Your School's Physical Education Checkup: How Are You Doing? (National Association for Sport & Physical Education). Available at:

<http://sde.state.ok.us/Schools/PE/pdf/Checkup.pdf>

3. Key Outcome Indicators for Evaluating Comprehensive Tobacco Control Programs. (Office on Smoking and Health, Centers for Disease Control). Available at:

[http://www.cdc.gov/tobacco/tobacco\\_control\\_programs/surveillance\\_evaluation/key\\_outcome/index.htm](http://www.cdc.gov/tobacco/tobacco_control_programs/surveillance_evaluation/key_outcome/index.htm)

## Surveys

---

1. Environmental Supports for Physical Activity Questionnaire. (University of South Carolina Prevention Research Center). Available at:

<http://www.activelivingresearch.org/node/10645>

2. Neighborhood Environment Walkability Survey (NEWS); Neighborhood Environment Walkability Survey–Abbreviated (NEWS-A). (Cincinnati Children’s Hospital Medical Center; San Diego State University). Available at:

<http://www.activelivingresearch.org/node/10649>

3. Twin Cities Walking Survey (University of Minnesota). Available at:

<http://www.activelivingresearch.org/files/TwinCityWalkingSurvey.doc>

## Miscellaneous

---

1. California “Fit Business” Award. (California Task Force on Youth and Workplace Wellness). Available at:

<http://www.wellnesstaskforce.org/>

2. Check for Health. (California Department of Health Services, California 5 a Day—Be Active! Worksite Program). Available at:

[www.dhs.ca.gov/cdic/cpns/worksite/download/FitBusinessKitTools/Check%20for%20Health\\_Finl.pdf](http://www.dhs.ca.gov/cdic/cpns/worksite/download/FitBusinessKitTools/Check%20for%20Health_Finl.pdf)

3. Community Health Status Indicators (CHSI). Available at:

<http://www.communityhealth.bhs.gov/homepage.aspx?j=1>

4. Community Health Improvement Partnership (CHIP)—A Rural Community Health Development Process. Available at:

<http://www.chip4health.org/>

5. FitTogether/FitCommunity. (North Carolina Health and Wellness Trust Fund). Available at:

<http://www.fittogethernc.org/FitCommunity.aspx>

6. Keys to Promoting Physical Fitness and Activity (American Academy of Pediatrics). Available at:

<http://www.aap.org/family/physicalactivity/physicalactivity.htm>

7. Moving into Action: Promoting Heart-Healthy and Stroke-Free Communities. (Set of five: Employers, Governors, Health Care Leaders, Legislators, and Local Officials). Available at:

[http://www.cdc.gov/DHDSP/library/moving\\_into\\_action/pdfs/Health\\_Care\\_Leaders.pdf](http://www.cdc.gov/DHDSP/library/moving_into_action/pdfs/Health_Care_Leaders.pdf)

8. Prevention Works: CDC Strategies for a Heart-Healthy and Stroke-Free America. (Centers for Disease Control and Prevention). Available at:

[http://www.cdc.gov/dhbsp/library/prevention\\_works/pdfs/Prevention\\_works.pdf](http://www.cdc.gov/dhbsp/library/prevention_works/pdfs/Prevention_works.pdf)

9. Promoting Active Communities Award Application. (Michigan's Promoting Healthy Communities). Available at:

<http://www.mihealthtools.org/Communities/>

10. Streets for People. (Transportation Alternatives). Available at:

<http://www.transalt.org/resources/streets4people>

11. The Robert Wood Johnson Foundation. Available at:

<http://www.rwjf.org/>